



I will sing to the LORD all my life. Psalm 104:33

*Bible Study:*

Read 1 Samuel 16:14-23; and Psalm 104, and meditate on the greatness of God, and why He is worthy of our joyful praise in song, and in everything we do.

*The gospel in the story:*

Our understanding of the gospel must start with an understanding of who God is, and what He created us to be. This lesson highlights that God created us to be worshipers with all of our hearts. The only way we can truly become what we were created to be is through the saving grace of Jesus.

*Application**Head:* **What did we learn?**

Q: Who is Saul? A: The first (human) King of Israel  
Q: Why did God send a tormenting spirit to Saul?  
A: Because Saul disobeyed and tried to lead Israel in his own strength.  
Q: How was David able to help? A: David played his harp for Saul and it provided relief from the tormenting spirit

*Heart :* **Memory verse**

**I will sing to the LORD all my life.**

**Psalm 104:33**

*Hands:* **How does this affect the way I live?**

This story serves to further highlight David's worshipful heart. And it emphasizes WHY God made us: to worship Him!

*Home:* **How does this affect my household?**

Worship is not just a Sunday thing, it's an all-the-time thing. And it's not just about singing, it's about a lifestyle of a having a joyful heart directed to God, in everything we do. Proclaiming God's virtues to ourselves and each other creates worshipful households.

*Heaven:* **How does this help us share our faith?**

Discuss how we can share with our friends and neighbors that we pursue God, not for what He can do for us, but simply because that's what we were created to do!